

Most women would say they're happy. And most women are lying. We are trained to ignore disappointment, discard desires, and give in to everyone else. But that stops now.

Rebecca T. Dickson, aka the bullshit slayer has spent years coaching women to stop fooling themselves and discover a brave, authentic future. In *This is How You Find Her (Set Yourself Free)*, she gives you tough-love advice for getting to the root of your disappointments, shedding guilt, anxiety, and fear, and envisioning a new life of autonomy, confidence, and power. Filled with actionable techniques on how to take radical responsibility, get laserfocused, live your truth over the long-haul, and more, this must-have guide will allow you to finally cut the shit and lead a truly happier life.

It's time to use your voice, take action, and make a change—you'll be amazed at the big, bold, beautiful life you'll discover.



Rebecca T. Dickson is:

- A professional bullshit slayer, helping women be who they are all, not just some, of the time
- A mindset coach for women who want more
- An intuitive with an innate ability to understand how women think and help them adjust their reasoning
- A leader who inspires by being herself, telling people who she is, and sharing her own journey
- A guide to becoming unstoppable
- A reader, mother of boys, and lover of animals
- The owner of the #1 German Shepherd in America in 2010 (and someone who can't do anything halfway)

www.rebeccatdickson.com

THIS IS HOW YOU FIND HER

(Set Yourself Free)

REBECCA T. DICKSON